



START YOUR DAY WITH BREAKFAST

Walker County Schools



Schools Breakfast Menu
2016 - 2017



½ cup of fruit must be on your plate

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Sticks OR Cinnamon Toast Yogurt Pears / Fresh Fruit / Juice Choice Milk Choice 1	Sausage Biscuit OR Cereal Choice Yogurt Applesauce / Fresh Fruit / Juice Choice Milk Choice 2	Pancake Sausage on Stick OR Cheese Toast Dried Fruit / Fresh Fruit / Juice Choice Milk Choice 3	Egg & Cheese Croissant OR Chicken Biscuit Blueberries / Fresh Fruit / Juice Choice Milk Choice 4	Biscuit OR Pop Tart Yogurt Mixed Fruit / Fresh Fruit / Juice Choice Milk Choice 5
Biscuit OR Cereal Choice Yogurt Pears / Fresh Fruit / Juice Choice Milk Choice 8	Sausage Biscuit OR Cheese Toast Applesauce / Fresh Fruit / Juice Choice Milk Choice 9	Pancake Sausage on Stick OR Yogurt Parfait w/ Graham Crackers Mixed Fruit / Fresh Fruit / Juice Choice Milk Choice 10	Chicken Biscuit OR Pop Tart Yogurt Dried Mix Fruit / Fresh Fruit / Juice Choice Milk Choice 11	Egg & Cheese Croissant OR French Toast Sticks Raisins / Fresh Fruit / Juice Choice Milk Choice 12
Pancakes OR Cheese Toast Pears / Fresh Fruit / Juice Choice Milk Choice 15	Chicken Biscuit OR Cinnamon Toast Yogurt Applesauce / Fresh Fruit / Juice Choice Milk Choice 16	Egg & Cheese Croissant OR Yogurt Parfait w/ Graham Crackers Dried Fruit / Fresh Fruit / Juice Choice Milk Choice 17	Sausage Biscuit OR Pop Tart Yogurt Raisins / Fresh Fruit / Juice Choice Milk Choice 18	LAST DAY of SCHOOL Biscuit OR Cereal Choice Yogurt Blueberries / Fresh Fruit / Juice Choice Milk Choice 19

All charges need to be paid by May 19th.

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

HAVE A GREAT SUMMER BREAK!!!!!!

This institution is an equal opportunity provider.

Breakfast provides 25% of a child's RDA (Recommended Dietary Allowance). Skipping breakfast lowers academic performance, which can lead to other problems for students. A good breakfast whether eaten at home or at school provides nutritious, healthy food choices including fruit and whole grain products. Only 15% of students eat fruit as recommended by the Food Guide Pyramid. Good health is precious. Help your child make good choices.



Serving Breakfast and Lunch

May 30 – June 30, 2017
Monday – Friday



Food That Is IN When School Is OUT!!

FREE healthy meals will be served to ALL children ages 18 or younger and school enrolled special needs students.

For any additional information, please contact Michelle Coker @ 706-638-7969 or email michellecoker@walkerschools.org

ALL Meals are FREE but ALL Meals must be EATEN at the site.